



St Vincent and the Grenadines Sailing Association

P.O. Box 2067, Kingstown, St Vincent and the Grenadines, W.I.

svgsailingassociation@gmail.com

+1 784 593 9739

Sailor Code of Conduct

Sailors must meet the following code of conduct. Failure to meet these expectations can be grounds for discipline, including being sent home from a practice or event, suspension, or termination from the sailing program.

Safety

Maintaining the physical safety of sailors, coaches, and others is the top priority:

- Follow all safety procedures and instructions given by race officials, regatta hosts, and other responsible adults.
- Notify a coach / responsible adult if you see a sailor in danger or misbehaving, or if you see broken equipment.
- Always wear a personal flotation device while on the water.
- If at an event do not leave the event or overnight accommodation without first obtaining permission from a coach, or parent.
- Do not use alcohol, tobacco, or drugs not prescribed to you at training or at events.
- Do not tolerate the use of alcohol, tobacco, or non-prescribed drugs by other team members.

Sportsmanship

Sailors should respect the values and rules of the sport of sailing, and remember that they are members of a team:

- Comply with the Racing Rules of Sailing and other applicable rules governing the sport of sailing.
- Demonstrate principles of good sportsmanship, no gloating, no sulking.
- Follow the direction and authority of coaches and responsible adults.
- Accept constructive criticism from coaches. Do not 'talk back' to coaches or team leaders.
- Support your teammates.
- Attend as many practices as possible, arrive early ('if you are on time then you are late') and before you depart ensure the equipment is clean and stored correctly, tell your coach you are leaving.
- You are an ambassador for Sailing. It is a privilege to be a member of the team. Never act in a way which would be embarrassing or detrimental to the SVG Sailing.

Respect

Sailors are expected to act in a respectful way toward others, equipment and facilities at all times.

- Respect the property of others. Do not use sailboats or any equipment without the knowledge, permission, and direction of the coaches.
- Treat other sailors, coaches, regatta officials, parents, hosts and all others with respect.
- Abide by the Anti-Bullying Policy